



# THE VINES CENTER

## YOUTH DINING MENU

At the Vines Center, we strive to provide your group with the absolute best experience possible and we know that great food is vital to that experience. Our expert dining staff has developed a variety of menu options in an effort to make selecting your meals as simple and appealing as possible.

Don't see what you're looking for? We're always happy to accommodate special requests and welcome any suggestions you may have to satisfy your group's needs. Simply contact the Vines Center's group coordinator to customize your menu.

**(501) 821-4444**



# BREAKFAST

## CONTINENTAL

Assorted pastries, muffins and assorted whole fresh fruit & yogurt

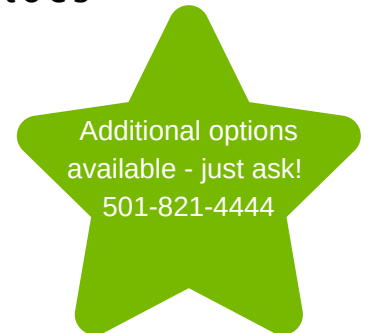
## HOT BREAKFAST

- Biscuits & gravy  
Sausage and bacon  
Scrambled eggs
- Pancakes  
Sausage and bacon  
Scrambled eggs
- French Toast  
Sausage and bacon  
Scrambled eggs
- Waffles  
Sausage and bacon  
Scrambled eggs
- Breakfast Wraps  
2 Wraps with eggs and cheese  
Breakfast potatoes

## BEVERAGES

- Juice
- Fountain Drinks
- Water

Additional options  
available - just ask!  
501-821-4444





# LUNCH/ DINNER

## COUNTRY COOKING

### Choice of one:

- Baked Chicken Breasts
- Chicken Strips
- Fried chicken
- Hamburger steak
- Pork Tenderloin Roast
- 1/2 Baked chicken
- Country fried steak
- Pork chops - Boneless
- Chicken breast or turkey  
w/cornbread dressing
- Turkey or smoked ham
- Pulled pork BBQ

We can grill,  
char-grill, bake  
or fry!

### Choice of two:

- Potatoes (baked, mashed,  
scalloped or au gratin)
- Corn (kernel or cobbed)
- Broccoli
- Carrots
- Green beans
- Rice pilaf
- Vegetable medley
- Cole slaw
- Potato salad
- French fries
- Mac & cheese
- Baked beans

### Each meal includes:

- Bread
- Dessert

Additional options  
available - just ask!  
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# LUNCH/ DINNER

## HANDHELDS

### Choice of one:

- Burgers (char-grilled or griddle)
- Chicken sandwich
- Polish sausage on braut bun  
w/peppers & onions
- Gourmet deli sandwiches  
(Ham or turkey)
- Smoked chicken salad sandwiches
- Fresh wraps  
(Ham or turkey)
- Hot dogs
- Bratwurst
- Corndog

### Choice of one:

- French fries
- Tater tots
- Potato salad
- Vegetable medley
- Cole slaw
- Mac & cheese

### Each meal includes:

- Dessert

Additional options  
available - just ask!  
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# LUNCH/ DINNER

## INTERNATIONAL FARE

### Choice of one:

- Chicken or pork fajitas
- South of the Border taco salad
- Soft Tacos (chicken or ground beef)
- Nacho Supreme
- Lasagna
- Spaghetti w/meatballs
- Pizza
- Chicken Alfredo
- Chicken Parmesan
- Stir-fry (chicken, pork or Cajun)

### Choice of one:

- Mexican rice
- Spanish creole rice
- Refried beans
- Chips & salsa
- Rice pilaf
- Vegetable medley
- Corn
- Green beans

Additional options  
available - just ask!  
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### Each meal includes:

- Bread
- Dessert

# REFRESHMENT BREAKS

The following options are available at an additional per person price between meals to help keep your group alert and focused:

- **Sweet & Salty Break**

Includes Chex-mix and fresh baked cookies

- **Chips & Salsa Break**

Includes tortilla chips with salsa

- **Healthy Break**

Assorted fresh vegetables with buttermilk ranch dip

- **Mid-Morning Break**

Assorted muffins and whole fresh fruit

Additional options  
available - just ask!  
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